

Selva Sannathi to Kathirkaamam Trekking Pilgrimage - 19th June to 13th of July 2026					
Date	Day	Start location	Destination	Overnight stay location	Distance Km
19/06/2026	Day 0	London	Enroute	Fly to Colombo	
20/06/2026	Day 1	Colombo	Jaffna	Travel to Jaffna by train and stay overnight in VVT	
21/06/2026	Day 2	Jaffna	Jaffna	Stay in Thonadamaanaru overnight	
22/06/2026	Day 3	Selvachannathi, Thndamanaaru	Nagar Kovil	Leave Selvasannathi at 6am and accomodation booked in Nagarkoil temple madam	32
23/06/2026	Day 4	Nagar Kovil	Kattaikadu	Booked with Dilaksan (Robert sammattiyar's nephew.	28
24/06/2026	Day 5	Vethilaikeni	Salai	Staying in Robert sammattiyar's vadi	30
25/06/2026	Day 6	Salai	Vatappalai Amman Kovil	Stay in Vattapalai Temple madam (Booked with	36
26/06/2026	Day 7	Vatappalai Amman Kovil	Vatappalai Amman Kovil	Rest day	0
27/06/2026	Day 8	Vatappalai Amman Kovil	Kokkilai	My friend Inban will try and arrange a place.	37
28/06/2026	Day 9	Kokkilai	Kumpurupiddi	To be booked	40
29/06/2026	Day 10	Kumpurupiddi	Kavaddikudah	To be booked	31.5
30/06/2026	Day 11	Kavaddikudah	Kiliveddi	To be booked	34
01/07/2026	Day 12	Kiliveddi	Vakarai	Staying in Ratna's farm house	32
02/07/2026	Day 13	Vakarai	Vakarai	Rest Day	0
03/07/2026	Day 14	Vakarai	Valaichenai	Ratna to book the place	28.5
04/07/2026	Day 15	Valaichenai	Kalladi (Batticaloa)	Staying in Sona's home	34.5
05/07/2026	Day 16	Kalladi (Batticaloa)	Pandiruppu	Sri VadaBhadra Kaali Amman Kovil, Pandiruppu 32300, Sri Lanka Phone-+94775885521	37
06/07/2026	Day 17	Pandiruppu	Thirukovil	Thirukkovil Sri Sithra Velayutha Swami Murugan Temple -	37
07/07/2026	Day 18	Thirukovil	Arugam Bay	Booked	38
08/07/2026	Day 19	Arugam Bay	Arugam Bay	Rest day	0
09/07/2026	Day 20	Arugam Bay	Ukanthai (Okanda) Murugan Temple	Stay in Ukanthai murugan koil madam. Meet Mathi (Paramasivan's friend)	29
10/07/2026	Day 21	Ukanthai (Okanda) Murugan Temple	North bank Kumbukkan Oya river	Enter Yala Jungle and sleep on the bank of the Kumbukkan Oya river	22
11/07/2026	Day 22	North bank Kumbukkan Oya river	Yala National Park	Yala Jungle stop 2 - Sleep on the jungle floor	25
12/07/2026	Day 23	Yala National Park	Kathirkaamam Murugan on top of the mountain.	Climb Kathirkaamam mountain and go back to Colombo in the van with Narmatha and children	25
13/07/2026	Day 24	Kathirkaamam	Colombo	Stay in a hotel in Colombo	
14/07/2026	Day 25	Colombo	London	Fly and arrive in London	
				Total walking distance	576.5

Items to take for pilgrimage (Esimated wieght 8Kg including water)	Number
Shirt or kurtha	3
Trouser or Vetu	3
Underware	3
Umbrella (White)	1
Hydration pack	2 Littres capacity
Shafing cream	1 Bottle
Instect / Mosquito repellant Deed	2 Cans
Hat	1
Sandles	1 Pair
Waterproof bag / pouch for passport and cash	1
Towel	1
Cotton Bed sheet	1
Energy bars	10
Bank card to withdraw cash from local bank	1
Sturdy back pack	1
Electrolite pills	23 pills
Multi vitamin suppliment	23 pills
Tooth brush and paste	1 Set
Wet wipes	1 Pack
One man tent (To be brought to us by Narmatha for the jungle part)	1
Rain poncho	1
First aid kit	1